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www.wetakecare.ibv.org

WETAKECARE

Deliverable D5.2

Project Website (wetakecare.ibv.org)

Author(s):	Barberà, R. (IBV); Poveda, R. (IBV).
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Work package Leader (Name, affiliation)	Ricard Barberà-Guillem Instituto de Biomecánica de Valencia (IBV)

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Executive Summary

This report shows the main characteristics of the WeTakeCare website. The first version of the web was created the 10th of July, 2013, in order to use it as an important tool of management and dissemination of the project from the very beginning.

The website is accessible at the following domain:

<http://wetakecare.ibv.org/>

1 Introduction

The objective of this deliverable is to show the main characteristics of the website developed in the WeTakeCare Project to cover dissemination aspects as well as internal management.

The website is accessible at the following domain:

<http://wetakecare.ibv.org/>

This website updated continuously.

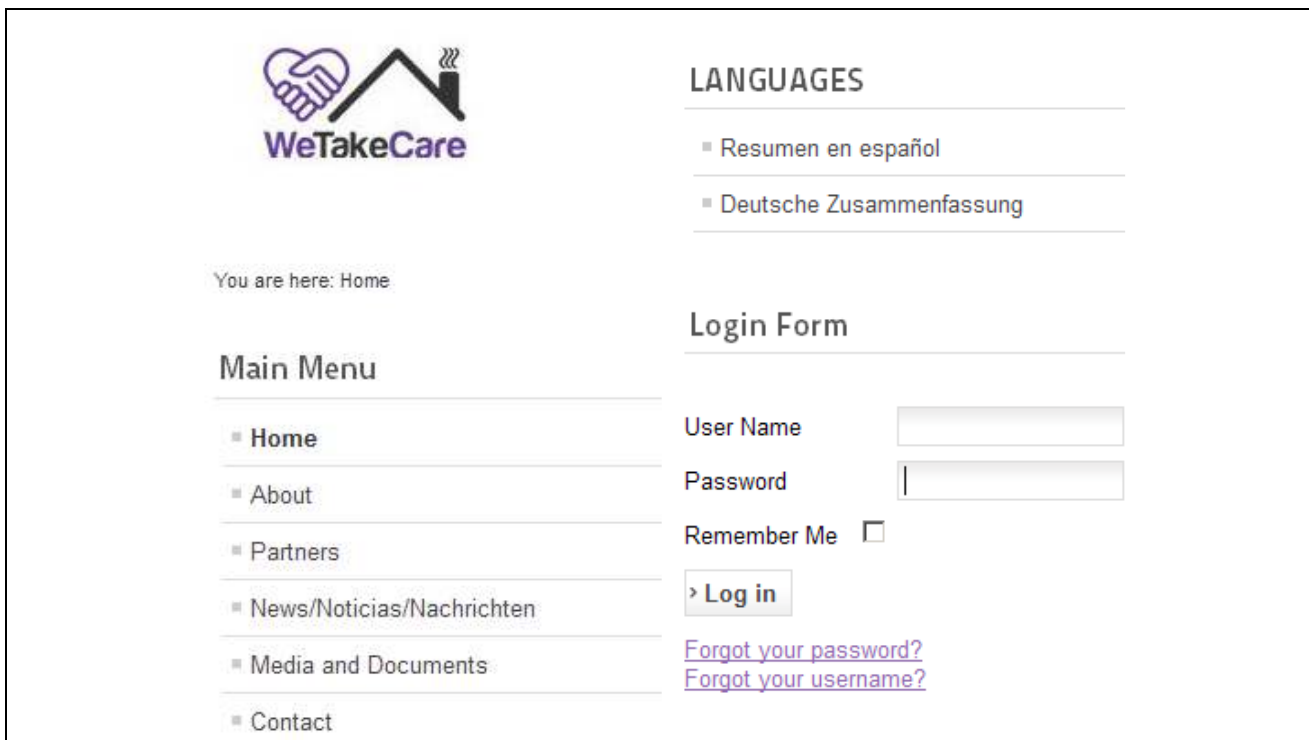
2 Web structure

2.1 Main menu view

The website of the WeTakeCare project (**Figure 1**) has two main areas:

- **Public access.** This area, for the general public, contains information in the language of each of the partners on the following topics:
 - General information about the project
 - Summary of news and relevant topics
- **Private access.** This area is restricted to the partners and evaluators of the project and requires identification to have access to the whole information of the project.
- Summary of news and related/relevant topics for the general public,

Figure 1: View of the main menu of the website



All pages of the website contains the logos of the project, AAL and the coordinator of the project (**Figure 2**).

Figure 2: Logos of the project, AAL and coordinator



2.2 Home view

The home area of the website (**Figure 3**) contains all the logos of the founding agencies and a summary of the relevant data of the project.

Figure 3: View of the Home area

Main Menu

- Home
- About
- Partners
- News/Noticias/Nachrichten
- Media and Documents
- Contact

LANGUAGES

- Resumen en español
- Deutsche Zusammenfassung

Login Form

User Name:

Password:

Remember Me:

[Forgot your password?](#)
[Forgot your username?](#)

Home

WeTakeCare: Collaborative interaction in caring & training to improve the autonomy in Activities of Daily Living

Welcome to WeTakeCare project

This project has been funded by the Ambient Assisted Living (AAL) Joint Programme: Call E, ICT-based Solutions for Supporting Occupation in Life of Older Adults. (see <http://www.aal-europe.eu/> for details)

WeTakeCare project aims to empower the collaborative caring and training between the older person and the non-professional carer, in order to promote the independent living of the older person. Hence, the autonomous performance of Activities of the Daily Living (ADL) by the older person will be encouraged while training and supporting the caregiver in the provision of care, improving the quality of the provided care as well as safeguarding their own physical, physiological and occupational health.

The aimed target users are the persons, aged 50+, presenting an initial lost of capabilities and/or having a light to moderate physical disability. This lost of capabilities increases the difficulty to perform ADL, leading frequently to its poor execution and therefore finally taken up by carer. This uptake of ADL leads to an over-care situation, which can ultimately diminish autonomy of the older person.

WeTakeCare will develop an interactive and multimodal system for the training on ADL.

WeTakeCare will integrate the end-users in the core of the process, introducing their voice in the stages of definition of requirements, the concept and product development as well as in the different validations.

This will ensure a functional, easy to use, intuitive, motivating and accessible service, guaranteeing product acceptance and future market penetration.

AAL
Ambient Assisted Living
ASSOCIATION

Comisión Europea

Ministerium für Bildung und Forschung

Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra
Swiss Confederation

Ministerio de Educación, Ciencia e Innovación
Ministerio de Sanidad, Consumo y Bienestar Social

Ministerio de Sanidad, Consumo y Bienestar Social
Ministerio de Sanidad, Consumo y Bienestar Social

Ministerio de Sanidad, Consumo y Bienestar Social
Ministerio de Sanidad, Consumo y Bienestar Social

2.3 About view

The About area of the website (**Figure 4**) contains a short summary of the project in similar terms to the information already reported in <http://www.aal-europe.eu/projects/wetakecare-2/> (Figure 4)

Figure 4: View of the about area

WeTakeCare

AAL
AMBIENT ASSISTED LIVING ASSOCIATION

IBV
INSTITUTO DE INVESTIGACION EN GERENCIA
Coordinador

You are here: [Home](#) > About

Main Menu

- Home
- About
- Partners
- News/Noticias/Nachrichten
- Media and Documents
- Contact

LANGUAGES

- Resumen en español
- Deutsche Zusammenfassung

Login Form

User Name:

Password:

Remember Me:

[Forgot your password?](#)
[Forgot your username?](#)

WETAKECARE: Collaborative interaction in caring & training to improve the autonomy in Activities of Daily Living.

The project is funded by the Ambient Assisted Living (AAL) joint programme and the national funding authorities of Spain, Germany and Switzerland (see <http://www.aal-europe.eu/> details).

What is the real need?

Promote the independence living of older person and safeguard the caregiver is an important issue arisen during last year.

There are 10-21 M older people with a light or moderate physical limitation hampering the autonomous performance of ADLs. It is estimated that 70% of the dependent older population solely receive informal care. The uptake of ADL by the non-professional carer leads to an overload of activities to perform, thus affecting negatively the physical and psychological health of the caregiver. WeTakeCare will address the specific assistance needs of older people in maintaining their autonomy in performing ADLs, as well as supporting their caregivers.

Contents

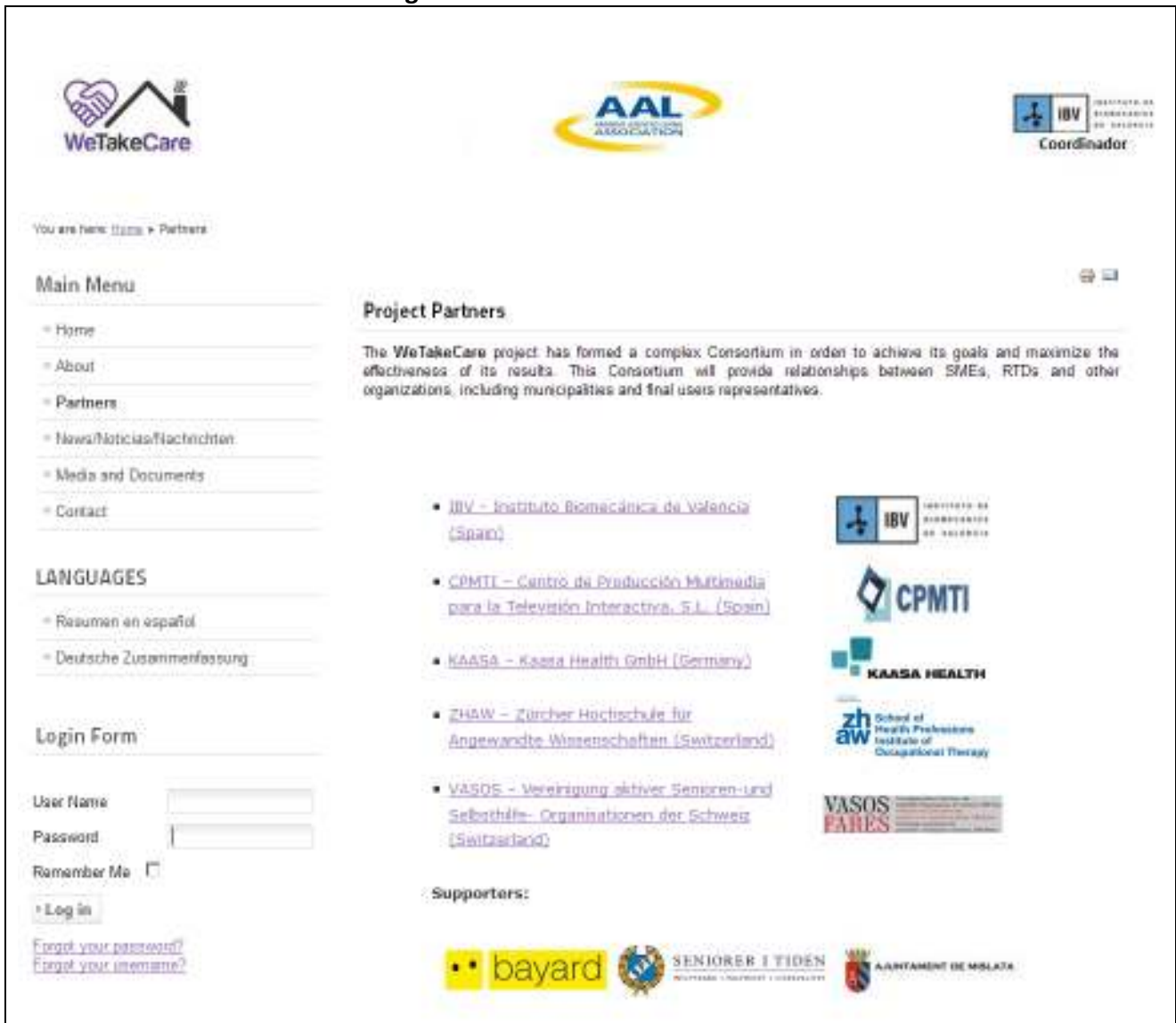
WeTakeCare will develop an interactive and multimodal system for the training on ADL, builded mainly on software solutions running on off-the-shelf hardware equipment. System functionalities will be: (i) gestural controlled ADL exercises with Kinect (ii) web platform with courses, workshops and links to main care-giving blogs, forums and social networks and (iii) general functionalities as agenda & reminders, communication and TV control. The aimed target users are the persons, aged 50+, presenting an initial lost of capabilities and/or having a light to moderate physical disability and their caregivers.

WeTakeCare will be introducing their voice in the stages of definion of requirements, the concept and product development as well as in the different validations. This will ensure a functional and easy to use, guaranteeing product acceptance and future market penetration.

2.4 Partners view

The Partners area of the website (**Figure 5**) contains the logos of all the partners and supporters and from here it is possible to access to all of their websites.

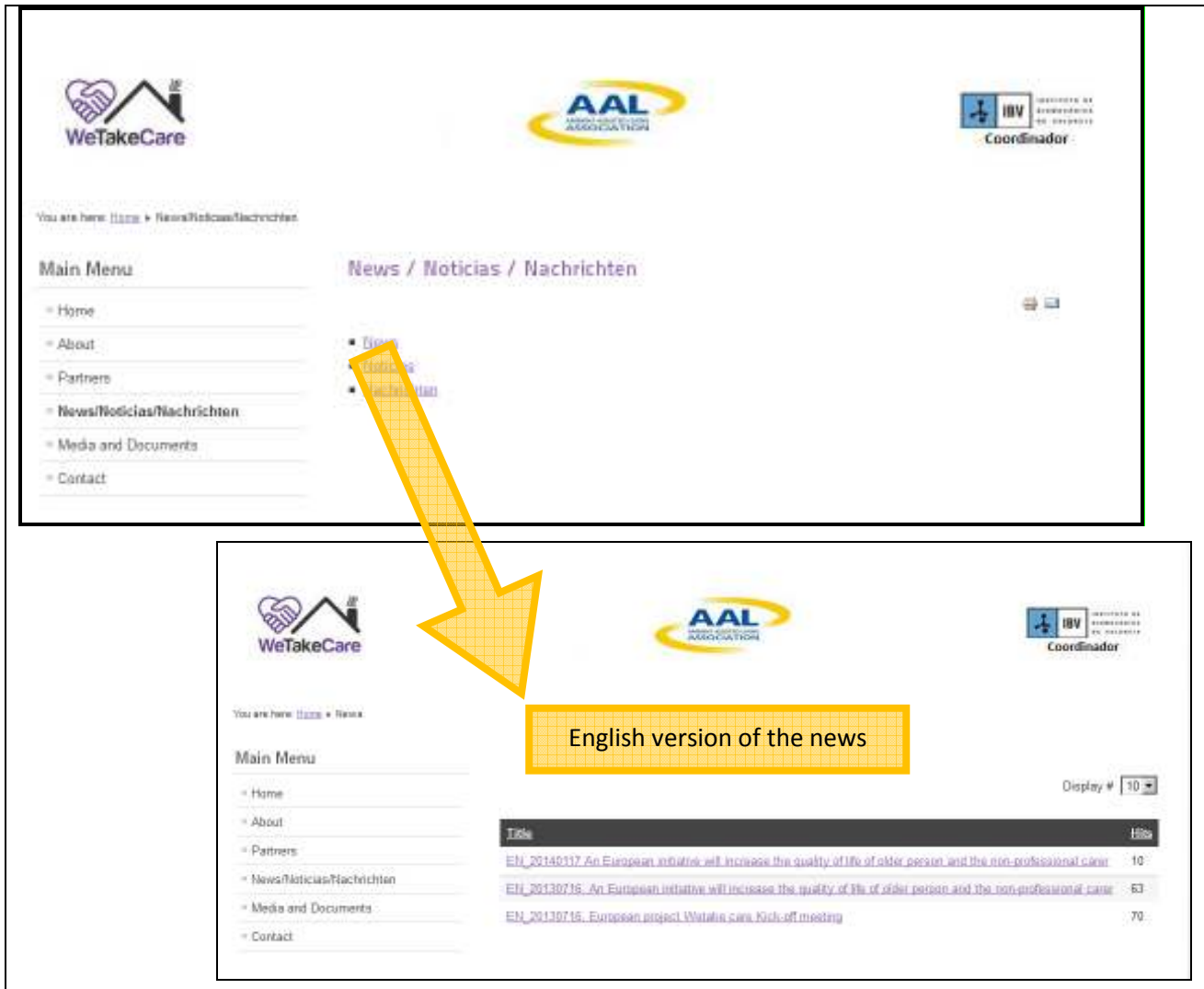
Figure 5: View of the Partners area



2.5 News view

The News area of the website (**Figure 6**) shows the main news of the Project written in English, Spanish and German.

Figure 6: View of the News area of the website

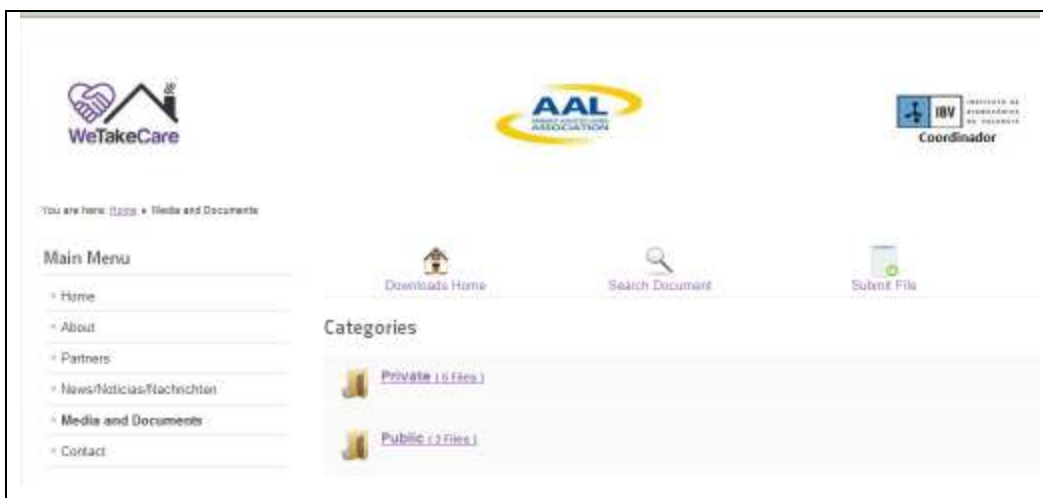


2.6 Media and documents view

The area of media and documents (**Figure 7**) contains the public and private documents for the consortium members and evaluators (CMU and NCP). This is the most important area of the website. The public area contains documents of interest including the reports of the project labelled as public in the DOW. The private area contains the documents labelled as restricted in the DOW, wit access only for the members of the consortium and evaluators.

With the first annual report, a user and password will be given to the evaluators.

Figure 7: View of the Media and documents area



2.7 Contact view

The area of Contacts (**Figure 8**) shows the contact data of the coordinators and other members of the consortium.

Figure 8: View of the Contact area

WeTakeCare **AAL ASSOCIATION** **IBV INSTITUTO DE BIOMECAÁNICA DE VALENCIA**
Coordinador

You are here: [Home](#) > [Contact](#)

Main Menu

- Home
- About
- Partners
- News/Noticias/Newsrichten
- Media and Documents
- Contact**

LANGUAGES

- Resumen en español
- Deutsche Zusammenfassung

Login Form

User Name:

Password:

Remember Me:

[Forgot your password?](#)
[Forgot your username?](#)

Contact with us if you have suggestions, doubts or questions.

Coordinator:
Instituto de Biomecánica de Valencia
 Rakei Poveda Puente
 Universitat Politècnica de València. Edificio 9C
 Camino de Vera s/n
 46022 (Valencia)
 España (Spain)
 Tel: +34 96 387 91 60
 Fax: +34 96 387 91 69
 E-mail: info@ibv.upv.es
 Web: www.ibv.org

Partners:
ZHAW (Zürcher Hochschule für Angewandte Wissenschaften)
 Prof. Dr. phil. Heidrun Becker
 Stellvert. Leiterin
 Forschung & Entwicklung Ergotherapie
 Erreichbarkeit: Dienstag bis Freitag
 Technikumstrasse 71, Postfach, CH-8401 Winterthur
 Tel: +41 58 934 64 77
 Fax: +41 58 935 64 77
 E-mail: heidrun.becker@zhaw.ch
 Web: www.gesundheit.zhaw.ch

2.8 Languages view

The Language area (**Figure 9** and **Figure 10**) links to a summary of the Project in German and Spanish.

Figure 9: View of the summary of the Project in Spanish






The screenshot displays the Spanish version of the WeTakeCare website. At the top, there are three logos: WeTakeCare (a heart with hands), AAL (Ambient Assisted Living Association), and IBV (Instituto de Investigación de Barcelona) as the coordinator. Below the logos, a breadcrumb trail reads "You are here: Home + Resumen en español".

The left sidebar contains a "Main Menu" with links to Home, About, Partners, News/Noticias/Nachrichten, Media and Documents, and Contact. Below the menu is a "LANGUAGES" section with links for "Resumen en español" (selected) and "Deutsche Zusammenfassung". A "Login Form" is also present, with fields for "User Name" (containing "RPOVEDA") and "Password" (masked with dots), a "Remember Me" checkbox, and a "Log in" button. Links for "Forgot your password?" and "Forgot your username?" are located below the login form.

The main content area features the title "WeTakeCare: Colaboración e interacción en el cuidado y formación para mejorar la autonomía en las actividades de la vida diaria". Below the title, it says "Bienvenidos a WeTakeCare:" followed by a paragraph in Spanish: "Este proyecto ha sido financiado por el Ambient Assisted Living (AAL), Joint Programme: Call 6: ICT-based Solutions for Supporting Occupation in Life of Older Adults. Tiene como objetivo capacitar en el cuidado a la persona mayor y el cuidador no profesional de forma colaborativa, con el fin de promover la vida independiente de las personas mayores. Se fomentará la realización autónoma de las Actividades de la Vida Diaria (ADL) por la persona mayor durante el entrenamiento y el apoyo al cuidador en la prestación de servicios, la mejora de la calidad de la atención recibida, así como la salvaguarda de su propio bienestar físico, fisiológico y de salud en el trabajo. Los usuarios finales son personas con edades de 60 años y más años, que presenta una pérdida inicial de las capacidades y / o con una ligera a moderada discapacidad física. Esta pérdida de capacidades aumenta la dificultad para realizar las AVD, lo que lleva con frecuencia a su pobre ejecución y mayor apoyo del cuidador. Esta absorción de ADL lleva a una situación de exceso de atención, lo que en última instancia, puede disminuir la autonomía de la persona mayor." Below this is a paragraph in Spanish: "WeTakeCare desarrollará un sistema interactivo y multimodal para la formación de ADL. WeTakeCare integrará los usuarios finales en el centro del proceso, presentando su voz en las fases de definición de requisitos, el desarrollo de conceptos y productos, así como en las distintas validaciones. Se desarrollará un servicio funcional, fácil de usar, intuitivo, motivar y accesible, lo que garantiza la aceptación del producto y la penetración en el mercado."

Figure 10: View of the summary in German

You are here: [Home](#) » [Deutsche Zusammenfassung](#)

Main Menu

- [Home](#)
- [About](#)
- [Partners](#)
- [News/Noticias/Nachrichten](#)
- [Media and Documents](#)
- [Contact](#)

LANGUAGES

- [Resumen en español](#)
- [Deutsche Zusammenfassung](#)

Login Form

User Name:

Password:

Remember Me:

[Forgot your password?](#)

[Forgot your username?](#)

Wie können Senioren ihre Alltagsfertigkeiten selbstständig trainieren? WeTakeCare – ein IT-gestütztes Übungsprogramm

Die Mehrzahl der älteren Menschen wünscht sich, weiter in ihrem gewohnten Zuhause zu leben, wenn erste körperliche Beeinträchtigungen auftreten. Das EU geförderte Projekt wendet sich an betroffene Personen über 50 Jahre und eine Bezugsperson, die sie unterstützt. Es bietet ein Programm, mit dem gemeinsam Aktivitäten des täglichen Lebens geübt und so Autonomie erhalten und zurückgewonnen werden kann. Pflegenden werden ermutigt, auf ihre eigenen Kräfte und ihre Gesundheit zu achten und etwas für sich zu tun. Durch eine Internetplattform wird Austausch mit Therapeuten und anderen Übenenden möglich.

Hintergrund der Studie

Aufgrund der demografischen Entwicklung steigt die Zahl älterer Menschen in der europäischen Bevölkerung. Gleichzeitig besteht ein Personalmangel in den Gesundheitsberufen. Familienstrukturen haben sich verändert und vielfach ist es berufstätigen Personen nicht möglich, ihre Angehörigen selbst zu unterstützen. Diese wünschen sich meist, in ihrem gewohnten Zuhause versorgt zu werden. Um diese Situation zu bewältigen, ist es wichtig, dass ältere Menschen trotz erster körperlicher Einschränkungen Aktivitäten des täglichen Lebens (ADL) möglichst selbstständig ausführen können. Zu den ADL gehören z.B. sich waschen und anziehen, Essen zubereiten und zu sich nehmen, sich fortbewegen, mit anderen Menschen Kontakt aufnehmen etc. Einschränkungen in den ADL führen dazu, dass die Betroffenen sich immer weniger selbst versorgen und zunehmend von Hilfe abhängig werden. Damit geht das Risiko einher, dass sie weitere Fähigkeiten und Autonomie verlieren und ihre pflegenden Angehörigen überfordert werden.

Ziele der Studie

Ziele der Studie:

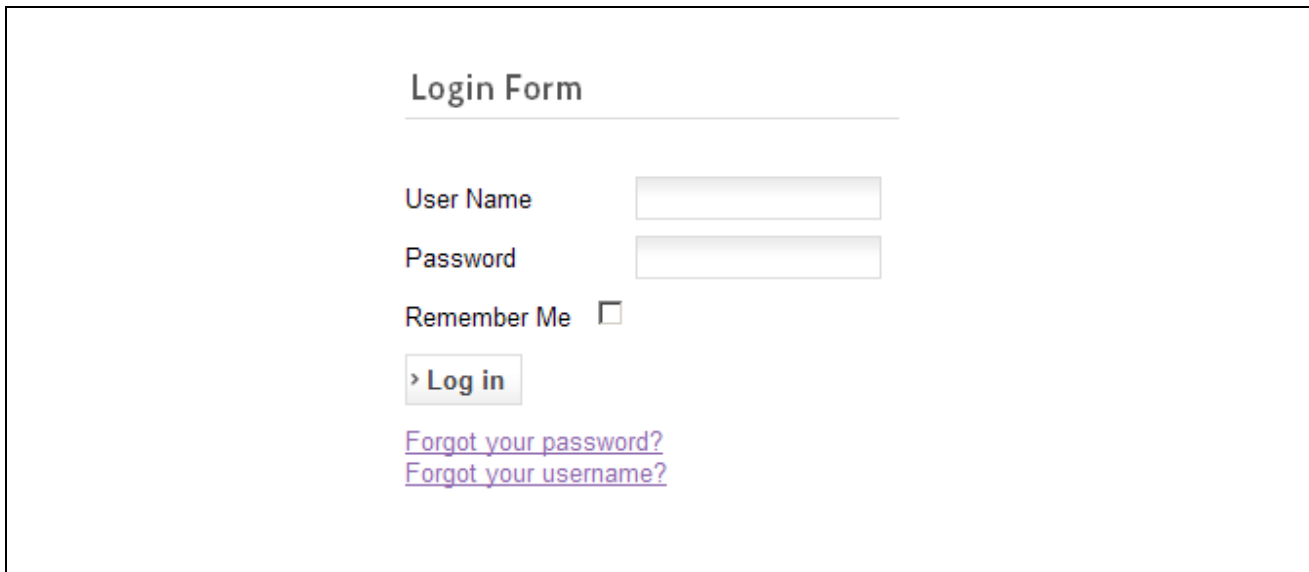
- ein Übungsprogramm zu entwickeln, das ältere Personen befähigt, ihre Selbstständigkeit im Alltag möglichst lange zu erhalten
- Pflegenden darin unterstützen, ihre eigene Gesundheit zu erhalten.

Zielgruppe sind Personen, die älter als 50 Jahre sind und erste körperliche Beeinträchtigungen haben.

2.9 Login Form view

All participants in the Project and evaluators (CMU and NCP) have a user and password to enter to the private area of the website (**Figure 11**).

Figure 11: View of Login form



The image shows a login form with the following elements:

- Login Form**: The title of the form, underlined.
- User Name**: A text label followed by a text input field.
- Password**: A text label followed by a text input field.
- Remember Me**: A text label followed by an unchecked checkbox.
- > Log in**: A button with a right-pointing arrow and the text "Log in".
- [Forgot your password?](#): A blue, underlined link.
- [Forgot your username?](#): A blue, underlined link.